

## Shady Rain Garden Plant List



**Turtlehead** (*Chelone glabra*) Grows to a height of 2 to 3 feet with a spread of 1.5 to 2.5 feet. Flowers are white with a pinkish tinge and are similar to snapdragons. Prefers a rich, moist to wet, humusy soil with partial shade.



**Obedient Plant** (*Physostegia virginiana*) Grows to a height of 3 to 4 feet with a spread of 2 to 3 feet. Pink or white flowers bloom late in the season. Should be divided every 2-3 years to prevent aggressive spreading. Prefers average to wet, well-drained soil in sun to shade. Attracts hummingbirds and butterflies.



**Blue Cohosh** (*Caulophyllum thalictroides*) Grows 1 to 2 feet high with a spread of 1/2 to 1 foot. Foliage is blue-green. Flowers are small and brownish-green to yellowish-green. Clusters of attractive (but poisonous) blue berry-like seeds appear in the summer. Partial to full shade. Needs moist, neutral to slightly acidic soils and is best grown in shady woodland areas.



**Columbine** (*Aquilegia canadensis*) Grows from 2 to 3 feet high with a spread of 1 to 1.5 feet. Flowers are light pink with yellow to blood red with yellow and bell shaped. Full sun to part shade. Prefers medium wet, well-drained soil but will tolerate a wide range as long as drainage is adequate. Flowers are attractive to hummingbirds.



**Downy Yellow Violet** (*Viola pubescens*) Grows from 0.5 to 1 foot high with a spread of 0.5 to 1 foot. Leaves are heart-shaped and pubescent. Yellow flowers have purple veins on the lower petals and flower in early spring. Part shade. Prefers medium to wet, well-drained soil. Low maintenance.



**Bloodroot** (*Sanguinaria canadensis*) Grows from 6 to 12 inches high with a spread of 6 inches and is usually found in colonies. Leaves and root contain an orange/red juice that is poisonous. Flowers in early spring. Grows best in full sun and leaf litter.



**Interrupted Fern** (*Osmunda claytoniana*) Gets its name from the brown fertile leaflets, which "interrupt" the green sterile leaflets on the larger fronds. Common in open woodlands, damp fields, and shaded roadsides. Grows 2 to 3 feet tall with a similar spread. Grows best in part shade in moist soil.



**Cinnamon Fern** (*Osmunda cinnamomea*) A tall, deciduous, perennial fern of moist woods, grows 2 to 5 feet tall with a spread of 2 to 3 feet. Distinctive, cinnamon-colored fronds. Fiddleheads are sometimes collected in the spring, steamed or boiled, and eaten. Grows best in part shade in moist soil.










**Sensitive Fern (*Onoclea sensibilis*)** Named for its sensitivity to frost. Found in wet meadows, thickets, and woods; stream and riverbanks; swamps and bogs; usually in slightly acidic soil. Partial to full shade and moist soils. A low maintenance fern for moist sites which, despite its name, tolerates the toughest of conditions. Grows 1 to 2 feet high with a spread of 18 to 24 inches.



**Maidenhair Fern (*Adiantum pedatum*)** Grows best in well-drained, moist soils in full shade. Often found in moist areas around woodland streams, but also commonly grows in mats on wet rock, especially limestone. Grows to a height of 2 feet with a similar spread.



-  Turtlehead
-  Obedient Plant
-  Blue Cohosh
-  Columbine
-  Downy Yellow Violet
-  Bloodroot
-  Interrupted Fern
-  Cinnamon Fern
-  Sensitive Fern
-  Maidenhair Fern

Scale: 1/4" = 1'

